

# **Protection Policy Paper**

# **Understanding Community-Based Protection**

### About this paper

For over a decade, UNHCR has used community-based approaches to strengthen protection. Though the term 'community-based protection' (CBP) is not widely-used, for humanitarian organisations the concepts and approaches are familiar. Drawing on documents, interviews with practitioners and field visits, this document sets out key lessons that have emerged in recent years during the delivery of CBP. It aims to help UNHCR staff and partners at all levels to integrate community-based approaches to protection in their humanitarian work.

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# **Understanding Community-Based Protection**

## I. Introduction

Over time, UNHCR has strengthened the rights-based foundations of its work. UNHCR considers that its mandate is to work with refugees and IDPs to ensure they can fulfil their rights (rather than to assist "beneficiaries"). These rights include the right of every person to participate in deciding and shaping their lives. Reflecting its mandate, UNHCR has therefore adopted a community-based approach to working with all the people it serves, based on consultation and participation, without regard for sex, age, ethnicity or other attributes.

Through the systematic application of an Age, Gender and Diversity (AGD) approach, UNHCR seeks to ensure that all persons of concern enjoy their rights on an equal footing and are able to participate fully in the decisions that affect their lives. The AGD policy is inseparable from UNHCR's overall commitment to a rights-based approach.<sup>1</sup>

Beyond the rights-based logic of CBP, it is recognised that external inputs alone cannot achieve sustained improvements in the lives of persons of concern. Long term improvement can only be achieved in close partnership with the communities and individuals that UNHCR serves, and depends essentially on engaging their own talents and capacity for self-reliance.

## What is a Community-Based Approach?

In both relief and development work, the term 'community-based approach' implies that communities engage meaningfully and substantially in *all* aspects of programmes that affect them, strengthening the community's leading role as a driving force for change. Too often, programme staff consult communities or their representatives about concerns they have, but then develop and implement projects without further involvement by the community concerned. While this is clearly better than no consultation at all, it is not a community-based approach. To be truly community-based, programmes must involve affected groups in a community at every stage: in assessment, diagnosis, prioritization, design, implementation, monitoring and evaluation.<sup>2</sup>

<sup>&</sup>lt;sup>1</sup> For a full discussion, see Section 2 of *A Community-based Approach in UNHCR Operations*, 2008

<sup>&</sup>lt;sup>2</sup> For more, see Section 3 of UNHCR, A Community-based Approach in UNHCR Operations, 2008.

The approach emphasizes the community's self-determination and capacity, but does not remove the need for formal protection mechanisms or imply that communities are expected to be completely self-sufficient. Communities may still need technical and material support for a long period. Nor is the approach a low-cost alternative, although outcomes are likely to be more sustainable in the long run because strong communities require less external intervention and support. A community-based approach also means that forms of protection which focus on finding solutions can be undertaken from a much earlier stage.

#### What is Protection?

Agencies may define the content of 'protection' in different ways. However, there is a core common area: all agencies agree that persons of concern must be protected from persistent internal or external violence or threats of violence, and their effects, and from coercion and systematic deprivation of basic rights. For UNHCR, 'protection' covers all activities that aim to achieve full respect for the rights of the individual in accordance with the letter and spirit of human rights, refugee and international humanitarian law. It requires the creation of an environment that is conducive to preventing or alleviating the immediate effects of a specific pattern of abuse, and restoring human dignity through reparation, restitution and rehabilitation.

Protection may be required in several humanitarian contexts. It affects both refugees and IDPs, and is relevant throughout all phases of conflict as well as during natural disasters, whether these are emergencies or protracted. Human beings naturally form communities, and this remains true when they are uprooted, living in camps or settlements, or, increasingly, living in host communities. With some important exceptions, a community-based approach to protection is appropriate in most situations, and can generate more effective protection and sustainable solutions.

#### What do we mean by Community-Based Protection?

The International Committee of the Red Cross and Red Crescent (ICRC) has described the protection required by people in humanitarian situations in terms of a "protection egg". The egg has three levels, which require three levels of action.<sup>3</sup> First, it is necessary to provide services that are urgently needed to prevent threats and abuse and address immediate effects. Second, agencies need to implement programmes that enable people to improve their situation and restore their dignity. At the third level, action is required to change underlying circumstances that

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<sup>&</sup>lt;sup>3</sup> International Committee of the Red Cross, *Professional Standards for Protection Work*, 2013.

obstruct the ability of people to realize and enjoy their human rights. Each of these three levels of intervention will be strengthened if communities are actively involved in identifying and designing responses to the threats they face.

Development and humanitarian programmes have increasingly emphasized community participation. However, humanitarian professionals are still learning how and when to use the approach. CBP puts the capacities, agency, rights and dignity of persons of concern at the centre of programming. It generates more effective and sustainable protection outcomes by identifying protection gaps through consultation and strengthening local resources and capacity.

At the most basic level, it is essential to understand communities in order to avoid harm and ensure that programmes do not inadvertently leave people and communities worse off. Engaging communities in their own protection also prepares them for return and other durable solutions.

While 'protection mainstreaming' analysis identifies risks and makes sure that programmes supplying water, sanitation, livelihoods and other services do not create protection risks as a side effect, community-based protection uses a community-based approach to programming specifically to address protection issues that a community faces. Moreover, it is essential that this protection mainstreaming analysis is implemented with an AGD perspective, in order to ensure gender equality and the inclusion of women, men, girls and boys of all ages and diverse backgrounds. Working from an AGD perspective also implies including on an equal basis all persons of concern with specific needs (LGBTI<sup>4</sup> and older persons, persons with disabilities, and persons belonging to ethnic, religious or linguistic minorities and/or indigenous peoples).

The link between communities and protection is mutually reinforcing. Working through community mechanisms enhances protection, and enhanced protection strengthens communities.

<sup>&</sup>lt;sup>4</sup> Lesbian, Gay, Bisexual, Transgender and Intersex.

# II. Key Lessons of Community-Based Protection

Many lessons may clearly be drawn from the excellent work of UNHCR, its partners, and other organizations that apply CBP. The points highlighted here are applicable in many contexts.<sup>5</sup>

#### Key Lesson 1. "Community-based protection is a process, not a project" 6

Perhaps the most important thing to remember, and ensure that partners and allies understand, is that the adoption of a rights-based approach through community engagement is neither a short-term commitment nor a phase in programme implementation. It is a methodology for sustained protection work that puts the community at the centre.<sup>7</sup>

Too often, community engagement is fulfilled by brief meetings with community groups that generate lists of needs and complaints, whereas it needs to be a jointly

developed programme of action that enhances protection. A community-based approach includes meaningful community engagement with *each* of the following familiar programme elements:

Staff need to really <u>spend time</u> in communities, not just be a cloud of dust from a white car. UNHCR field staff

- An initial, and then regular, analysis of the current situation.
- Agreeing priorities.
- Design and implementation of responses or interventions.
- Monitoring of implementation and adjustment of interventions as needed.
- Evaluation and reporting of results.

Experienced protection officers estimate that the process of getting to know a community, and developing a plan for its protection, may require six months to a

year of continual learning and engagement. The time spent on developing trust, understanding and capacity should *not* be considered separate from the "real work" of implementation. It is the foundation for a community-based approach, and can

You can't build trust in a community if you only go in to get information without returning to provide feedback and information.

UNHCR field

itself improve protection as the community comes together and people gain

<sup>&</sup>lt;sup>5</sup> For additional information on how international assistance is viewed by those on the 'receiving end', see CDA, *Collaborative Learning Projects: The Listening Project*.

<sup>&</sup>lt;sup>6</sup> A UNHCR staff member in the field.

<sup>&</sup>lt;sup>7</sup> For a good guide to processes, see ActionAid, <u>Safety with Dignity: A Field Manual for Integrating Community Based Protection across Humanitarian Programs</u>, 2010.

awareness of their rights, develop responses, and learn where and how to seek assistance.

Sustained engagement with a community may involve several people and agencies, so must be coordinated closely. NGOs may be the primary programme implementers and point of contact, but UNHCR officers and staff must ensure they are present frequently enough to build their own relationships with the community, monitor implementation, and understand the evolving context.

### Keep in mind

- You may avoid some initial missteps if you acquire an understanding of a community's composition, history and context before your first contact or visit.
- Engagement may be a slow process, requiring patience and respect for the community's own pace of change. Where communities are under threat or already disrupted, building relationships may take even longer.
- Trust will be enhanced if the same people are regularly involved and what they say to the community is consistent.
- Repeated training and practice sessions will be needed to enable communities to
  participate effectively in all aspects of a programme. Members of the community
  will differ in their visibility, capacity and power. Skilful outreach and facilitation
  will be required to ensure that all relevant points of view are heard.
- Dialogue and consensus-building skills will be needed to move community meetings from 'wish lists' to a shared analysis. This should consider: protection challenges and their underlying causes; desired outcomes and priorities for action; and responses implemented by the community.<sup>8</sup>
- UNHCR and partners should be transparent about the limits of their capacity (notably with regard to budget limitations, legal restrictions, and mandates).
- To sustain trust and rapport, it is vital to ensure that UNHCR and partners follow up all the commitments they make.
- UNHCR and partners may need to provide coaching, to help their staff adjust to forms of decision-making that are shared with refugees and IDPs.
- Community consultations may fail if they are abridged because staff of UNHCR or its partners are pressed for time or fail to allocate the time needed.
- Donors need to understand the nature of a community-based approach to protection, and must also give it time to work.
- Organizing, analysing and planning can be empowering and healing for refugees and IDPs, as they begin to regain a sense of control over their own lives.
- A systemic approach to protection is essential, both to achieving sustainability and mobilizing communities to be the drivers of change.

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<sup>&</sup>lt;sup>8</sup> For more information, refer to section 3.1.4, on Participatory assessment, expectations, time and resources, of the *Community-based Approach in UNHCR Operations*, 2008.

#### Colombia

UNHCR has a well-established CBP programme in Colombia, with ten field offices, built up under three successive Representatives.

Work with an indigenous community began in Quibdó when a community organization asked UNHCR to help the community remain on its territory. Initially, UNHCR made periodic visits. Its basic message was: "We don't provide the stomach; we provide the mind. If the mind is full, it can figure out how to fill the stomach." After about a year, the community organization presented UNHCR with a handwritten plan. UNHCR staff helped the community understand its rights and authority under Colombia's constitution. This enabled the community to meet with a broader group of communities to discuss protection strategies and other governance issues. The communities agreed to build three shelters at spots on their territory that were close to population centres with telecommunications and other sources of potential assistance. At the request of the communities, UNHCR provided modest material assistance to help them erect these structures (see cover), ran participatory assessments every six months, and gave training - including on gender and sexuality and sexual and gender based violence - that helped to empower women in the communities.

UNHCR has stood alongside the original community, and advocated on its behalf, when it called on the State to protect and fulfil human rights. UNHCR and the community have now worked together for seven years, and have developed a high degree of trust. In a district that sees frequent mass displacements, the community is undivided and remains on its traditional lands.

# Sample timeline for initial community engagement

The timeline below is illustrative. Many local factors will influence a real timeline.

- Month 1 Learn as much as possible about the community before visiting. Learn its history; consider community structures and organizations; identify formal and informal leaders; study how decisions are made; list other agencies working in the area and in the community. Identify national institutions or programmes that can help to address community needs and concerns.
- Month 2 Make an initial visit. Meet the community's leaders; validate or correct your research findings; explain how UNHCR works and the CBP approach; clarify what kinds of assistance UNHCR can and cannot provide. Ask whether the community is interested in working with UNHCR. If it is, explain participatory assessment in detail and what preparations the community needs to make. Agree a time for a participatory assessment (PA).
- Month 3-4 Spend as much time as possible in the community. Continue to seek out leaders or representatives of various community populations. Using the AGD process, ensure that groups selected for the PA are representative and diverse, and include the most vulnerable populations. Conduct the PA. Summarize its findings in a report the community will find accessible.
- Month 5-6 Work with leaders to schedule a feedback and planning meeting. Ensure all groups are notified and able to attend. Present the PA findings and explain which issues fall within UNHCR's mandate. Together with the community, use PA results to identify protection threats. Be sure to probe for underlying issues and causes (see Key Lesson 2). Work with the community to set priorities, based on the community's own assessments and UNHCR's ability to deliver. Agree on a process for selecting community representatives to develop and monitor an action plan, and mechanism(s) for informing the larger community going forward.
- Month 7 Select representatives. Schedule a meeting and work with representatives to develop the action plan. Agree with them who will be responsible for material contributions and implementation; desired outcomes and how progress towards them will be measured; and how community representatives will communicate information on the action plan to the wider community.
- **Month 8-12** Start implementing the action plan. Maintain regular contact with community representatives and periodic contact with wider community. Monitor implementation and track the agreed indicators.
- Month 13 Convene a meeting with the community to evaluate progress to date and decide next steps. Present achievements against objectives; discuss challenges; adjust implementation as needed.
- Month 16 Adjust the membership of the representatives group as needed; develop plans for Year 2 and conduct a Participatory Assessment using an AGD approach.

#### **Key Lesson 2. Select community counterparts with care**

It is not possible to work directly with every person in a community. Though it is important to keep the entire community informed by means of open meetings or other channels, for practical reasons it will be necessary to work with a small group

of people who represent the community's views and decisions behalf. on its The selection of community representatives is therefore critical. It is important to understand a community's dvnamics before deciding how selection will occur, since a poorly designed process inequality increase mav insecurity. The views of

Very important to talk to the right people. In community activities you can only speak with some people, need to be attentive. Need to know the opinion leaders, cultural leaders, influentials, and the dynamics of the community. Important to be inside – to have local staff who have been there a long time, are talking with people, and have a sixth sense of how to operate.

**UNHCR** staff

marginalized groups need to be represented, alongside recognised leaders. AGD analysis<sup>9</sup> and regular interaction with the community can help to identify potential representatives of these groups.

- Those who put themselves forward as 'community leaders', may not have the backing or the trust of their community. Sound selection depends on having a good understanding of the community, and the various groups that compose it, and asking members of those groups who they consider to be their leaders.<sup>10</sup>
- Good coordination will ensure that agencies work coherently with community leaders and do not promote rivalries that create instability or problems of security.
- Even when representatives have been selected carefully, it is risky to rely completely on them. Their motivations, or the needs of the community, may change. Maintain contact with the wider community to ensure that all relevant points of view continue to be represented effectively.
- Do not rely exclusively on community leaders to select participants for trainings and other projects, because they may not take account of the interests of all groups in the society
- People naturally form groups when they are displaced, but these may be discriminatory: before supporting new groups, assess them carefully.
- Community members may need training to enable them to participate on an equal basis with agency or government counterparts. Populations that have

<sup>&</sup>lt;sup>9</sup> Please refer to "Age, gender and diversity analysis", section 2.3.3 of the <u>Community-based Approach</u> in <u>UNHCR Operations</u>, 2008; and to the <u>UNHCR Need to Know Series</u> (see bibliography).

<sup>&</sup>lt;sup>10</sup> Please refer to sections 3.2.1, "Community mapping of management structures", and 3.2.2,

<sup>&</sup>quot;Community-based representation", of the Community-based Approach in UNHCR Operations, 2008.

- frequently been excluded from such processes, and therefore lack experience, are particularly likely to need training. Don't set them up to fail.
- Adolescents are frequently omitted from both child and adult programmes, although they are exposed to a range of serious protection threats. Different approaches may be needed to ensure that they are represented.
- The needs of women and girls tend to be neglected and are a priority for UNHCR and many agencies. However, focusing on them to the exclusion of other groups can

Everyone wanted to work with the women. Men got angry and became a protection threat. UNHCR staff

- create tensions and lead agencies to neglect other important protection threats. In communities marked by gender inequality, take care to build broad support for programmes that empower women.
- Get to know the community well. This will enable you to identify community groups and associations that are trusted and should be involved in arrangements for community representation or programme implementation.
- Establish clear terms of reference for community representatives and committees and for external partners, including UNHCR itself.
- Payment of community representatives in effect endorses their performance.
   If representatives are not highly regarded in their community, such endorsement can undermine the credibility of community consultations.

#### Nepal

Many community-based programmes find that it is difficult to involve persons with disabilities (PwD) in a meaningful way.

About 10 per cent of the people in Nepal's refugee camps have a disability (on a par with global rates). Many have impaired hearing or speech. As elsewhere, people with disabilities, especially women and girls, are at particular risk of sexual and gender based violence (SGBV), but victims of SGBV in Nepal's camps were frequently unprotected because they could not communicate with the authorities or service providers. Many other needs were unmet for the same reason. Few officials or PwDs had learned sign language.

With its partners, UNHCR developed an alternative communications toolkit using images, and taught people how to use it. Over time, in consultation with persons with disabilities, it trained a pool of teachers and interpreters in sign language, and taught basic sign language to service providers and family members. In parallel, it ensured that persons with disabilities were represented in camp structures.

#### Chad

In one of Chad's refugee camps, one group of refugees, the blacksmiths, were considered by the other refugees to be from a lower class. They were excluded from all decision-making processes and were not even allowed to participate in gatherings organized by the community leaders.

Humanitarian workers helped the blacksmiths to organize themselves and resume work. They quickly became one of the first groups to be productive and generate income. Visitors to the camp were encouraged to meet them and, because the community leaders accompanied the visitors, they began to discover the value of the group's work. Community leaders then encouraged the blacksmiths to come to community meetings, which gradually led to their direct participation in campleadership discussions.

# Key Lesson 3. Communities are well placed to identify their protection challenges but external partners also have an important role

Humanitarian professionals work first to guarantee the physical safety of people, then to meet their basic needs sustainably (food and shelter), and finally to create an environment in which the full range of human rights is protected. However, a refugee or IDP community may rank the urgency of protection issues differently. They may give an equal or higher priority to cultural or spiritual concerns relative to personal safety or material needs. In addition, the community may not even recognize some threats that external professionals consider to be urgent, such as sexual and gender based violence. Groups within a community (men and women, children and adults) may also prioritize protection challenges differently.

To create a successful protection environment, all perceived threats should be considered. As discussed above, it is also vital to give less visible, less powerful and marginalized community members opportunities to participate, because

We were surprised to find in UNHCR an ally for the community's objectives. Previously we had not trusted outsiders. But now we have an important foundation to be able to trust in a crisis situation.

Indigenous community leader

they may have specific needs and concerns. Where an agency differs from the community in its perception of threats, the community's priorities may need to be tackled first in order to alleviate anxiety, build trust and show results in areas that matter to them. An exception should be made, nevertheless, when there is a threat of imminent physical harm or other acute protection challenge. This must be given priority, and the community must be persuaded to accept that. Where a community proposes action that violates international human rights standards, the community should be persuaded to take a different approach. Displaced communities can

frequently be open to new ways of approaching issues that agencies sometimes incorrectly assume are cultural or social norms. Overall, priorities that the community identifies need to be balanced against organizational capacity and the judgment of protection professionals.

#### Keep in mind

- Skilled facilitation, usually over several sessions, can enable communities to
  understand, identify and prioritize protection issues more accurately. Do not
  expect to generate a well-reasoned list of priority actions in a single meeting.
  Plan to work with communities over time to identify problems that are
  immediately apparent and also problems that are unrecognized, below the
  surface, or are experienced only by subgroups. Take time to analyse the
  underlying or shared causes of these problems.
- Communities may need introductory training. Training in gender equality may help them to recognize gender-related threats. Training in protection may help them distinguish economic issues from issues of safety and security.
- A rights-based approach may not align with the community's own perception of threat. If this occurs, do not abandon the commitment to rights but work with the community, while linking the threats they identify to violations of rights. Understanding of a rights-based approach can form over time.
- Even when a community recognizes threats that are sensitive (such as SGBV), it
  may not be willing to address them at once. Resistance may be even stronger if
  men or boys are victims of SGBV. The commitment to rights is an obligation;
  implementing it is a matter of judgement. *Not* dealing with sensitive issues is a
  decision and sends the message that some rights are less important and can be
  ignored if they generate discomfort.

#### Yemen

Communities may be more ready to address sensitive protection issues than they appear to be.

In Yemen, the practice of female genital mutilation (FGM) creates immense risks to the immediate and long-term health of girls and women. UNHCR adopted several approaches simultaneously to raise the issue in a refugee community. First, the women who did the cutting were brought together many times over a month to explain the dangers. Second, because FGM was a source of income, a revolving fund was established to compensate the loss of livelihood they incurred. Third, men proved to be a surprising ally, because they were opposed to having their daughters cut and complained that mothers and grandmothers were taking the girls behind their backs.

Currently, the community has agreed to practice a ritualized form of cutting in the hospital. This solution does not respect the human rights of girls and women, but is less dangerous than earlier practices.

#### Key Lesson 4. Effective protection interventions require accurate diagnosis

One of the most important benefits of allocating time to understand the community and develop its capacity is that you are more likely to identify correctly both its protection problems and solutions for them.

The Participatory Assessment<sup>11</sup> process is likely to reveal many perceived threats as well as other issues of concern to the community. Further analysis will be needed to decide which are the most pressing, whether there are shared underlying causes, the degree to which issues fall within UNHCR's mandate, and what interventions are feasible. In addition, threats (including serious ones) that early consultations with the community did not identify may need to be introduced in a sensitive manner.

Sound decisions on what action is appropriate in a given community require a good understanding of the culture and structures of the society in question. UNHCR staff

will bring knowledge and ideas about what has worked (and not worked) elsewhere, but collaboration with the community is needed to decide on an approach that fits the particular context.

A community-based approach provides a better analysis of the problem so that state and international response is based on the real needs and perspectives and interests of the people. UNHCR field staff

Because situations may change rapidly, assessment should be dynamic and subject to regular re-evaluation, even when threats have been diagnosed carefully and accurately. A minor risk may become a threat, a serious risk may recede, and entirely new dangers may emerge. The need to adapt to changing circumstances also means that programmes and budgets must allow for changes of course.

- Do not over-emphasise vulnerable categories. If you do, you may overlook other acute needs or less visible groups (e.g., male victims of sexual violence).
- Many protection problems, such as family violence or ethnic discrimination, may have existed before displacement. If such issues are treated as consequences of displacement, your analysis and understanding of cause will be distorted.
- Even the most successful models from other contexts are unlikely to produce similar results if they are simply copied. Use community engagement methods to analyse the local situation and adapt models to fit the context.
- Much intra-community violence may in fact target women or children. In many cases, nevertheless, the most effective strategy may be to address abuse and violence broadly. Singling out women and children can put them at greater risk or alienate the community.

<sup>&</sup>lt;sup>11</sup> UNHCR, Tool for Participatory Assessment in Operations, 2006.

#### Gabon

In Gabon, as a result of participatory assessments, a 'comité de quartier' was established to address protection needs identified by the community. The committee was formed to help improve relationship between refugees and host communities, including local authorities, and to reduce harassment by law enforcement agents. The committee also facilitated better access for refugees to socio-economic infrastructures and livelihood opportunities.

Participatory assessments led refugees to become actively involved in programme design, implementation and monitoring, and strengthened the identification of vulnerable groups. Refugees' involvement improved the targeting of assistance, especially to young mothers, and reduced the rate of forced prostitution among women and girls.

#### Colombia

An indigenous community in Colombia in the midst of a complex conflict situation identified forced recruitment of adolescents as one of two primary protection threats. Through an AGD process, young people said that the absence of organized activities for them was a major risk factor for recruitment. They asked for initial support to create a film club and took full responsibility for operating it.

In addition to keeping them busy, the film club gave young adults the opportunity to develop skills and self-confidence, which increased their ability to resist recruitment. In a different context, the formation of a film club might be just a youth development activity. In this case, it directly addressed a threat which the community had prioritized.

This example partially draws on an external evaluation by Ursula Mendoza and Virginia Thomas: see, UNHCR, *AGDM Evaluation: A Participatory Evaluation of AGDM results in Four Colombian Communities*.

#### **Key Lesson 5. Communities already employ protection measures**

Every community that faces threats engages in forms of individual or collective self-protection. These may be complex, for example involving negotiations with armed groups, or simple and pragmatic, such as going out only in groups. Strategies may or may not be effective, but it is important to identify and understand them. If external agencies introduce new protection measures without considering existing ones, the community may lose its own capacity to protect itself and may be worse off when external inputs are reduced.

It will be useful to understand the security strategies that communities used before they were displaced, as well as those they develop to deal with threats associated with dislocation. In particular, communities that were recently dislocated may be able to employ or revitalize these strategies usefully in their new setting. An effort should also be made to identify and make use of any unused capacity to cope with protection threats.

Some coping strategies are harmful. Reducing movement to avoid conflict or protect members of the household may reduce income or food production. Sex may be exchanged for food or other necessities. As comprehensive protection approaches are developed with the community, it will be important to replace harmful community protection measures or mitigate their effects.<sup>12</sup>

#### Keep in mind

- Women may be more resilient than men during displacement. Men may
  experience a profound loss of identity when they lose their work or standing in
  the community, and their responses to this experience can create protection
  threats for women and children.
- Host communities and officials should be reminded regularly that refugee and IDP communities are willing and able to help protect their members. When they do so, it can reduce resentment and the perception by persons of concern that they are dependant and lack resources of their own.
- Refugees and displaced persons frequently establish community-based groups or committees, from a desire to talk to like-minded people or to address shared problems. These groups often act to strengthen protection responses and advocacy. They may facilitate the creation of national networks linking groups of people with similar interests.

## Yemen. Improving community-based child care

When UNHCR met with a women's association in an urban refugee community in Yemen, it learned that women were tying their children to the bed to try to keep them "safe" while they were out at work.

Recognizing that this well-intentioned solution was dangerous, UNHCR worked with a community-based partner organization to establish a kindergarten where women could leave their children safely. Since the women were working, they could pay a small fee for this service.

UNHCR supported the project for three months, after which the women's association took over management of the kindergarten from the partner organization. Demand for child care services increased, and other groups of women subsequently established home-based day care services. In this way, they resolved the child care problem and generated some income.

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 $<sup>^{12}</sup>$  For a detailed discussion of how to identify community strategies, see ActionAid, <u>Safety with Dignity</u>, Step 2, 2010.

#### Key Lesson 6. Community work requires expertise and training

Community-based approaches require a range of skills from staff in UNHCR and implementing partners. Staff need to have expertise in protection, and be able to work sensitively with people who may be quite different from themselves. Newly arrived young staff may have enthusiasm, energy and fresh ideas, but lack experience of work with refugees or communities. Staff who have always lived in urban areas may have preconceptions about rural people. Any ingrained negative values, such as devaluing the opinions of women, need to be examined and countered. Supervisors may be very experienced but eager to delegate fieldwork to junior staff who are not yet ready to work on their own; they need to ensure that staff are adequately prepared for community-based work.

All staff who work directly with communities will need strong facilitation and consensus-building skills. Training programmes provide a foundation but cannot

take the place of close mentoring by people with experience of facilitating dialogue and reaching agreements with a community. Staff will also need strong analytical abilities to diagnose protection threats and underlying issues, advocacy skills, and a capacity to understand and

Staff need skills to interact with different cultures and environments. We need to find a new way to transmit values – it can't be done in a training. It's like driving. Theoretical knowledge is not enough we need to be with them as they work.

UNHCR supervisor

work in diverse cultures and societies. They need to be willing to travel and live in rough environments.

Perhaps most important, staff at all levels must be truly respectful in their attitudes to communities with which they aspire to work in partnership. The leadership of the UNHCR representative can be important in this respect. By visiting camps and participating in community forums and AGD processes, she communicates both to her staff and to the community that community engagement is a priority for UNHCR. Officers and staff signal how much they value the communities in which they work by the quality of the relationships they build and the frequency and seriousness of their visits.

UNHCR's implementing partners are often the faces that a community sees most often. As implementers of UNHCR projects, they need to demonstrate the same skills and attitudes as UNHCR staff, and should be selected carefully. UNHCR may need to provide training to ensure that its partners understand and uphold UNHCR's values with respect to gender equality, democratic participation, and other human rights. Regular monitoring will be required to ensure that partners retain their attitudes and skills over time as their staff change or rotate.

Finally, both female and male staff in an office need to have the skill set to work effectively with communities. Decisions on whether a male or female staff member should take the lead in interacting with a given group can have a profound positive

or negative impact on the quality of the relationship that is established. Such decisions need to be taken with care based on an analysis of context and cultural norms.

#### Keep in mind

- New and inexperienced staff will need comprehensive training, which should cover at least some of the following topics:
  - o The Age, Gender Equality and Diversity Policy.
  - Use of UNHCR tools.
  - o The rights-based approach.
  - Strategic thinking.
  - UNHCR's Code of Conduct.
  - o Gender issues.
  - Facilitation and consensus building.
  - Advocacy.
- Even experienced staff may need training or materials in specific areas, as community work proceeds. 13 Topics might include:
  - Working with People with Disabilities.
  - Addressing sexual and gender based violence (against males and females).
  - The meaningful participation of children.
  - Reintegration of demobilized child soldiers and others who have been forcibly recruited.
  - Working with indigenous communities.
  - Working with LGBTI groups.
- Both staff and partners will benefit from a supervisory structure that encourages them to consult on challenges, problem solving, and seek help when they are in danger of burnout.
- Many protection staff have a strong legal background. This is important for some aspects of their work but it will be necessary to foster the facilitative and consultative skills they need to undertake community work.
- Staff need to understand that their role is to support and catalyse action by the community, rather than implement themselves.

<sup>13</sup> Some of these topics are covered in <u>UNHCR's Need to Know Series</u>. See also, UNHCR, <u>Listen and Learn: Participatory Assessment with Children and Adolescents</u>, 2012.

#### **Training**

One UNHCR staff member in the field with extensive experience in community work provided this list of specialized trainings that he felt would benefit him.

- How to work more effectively in other languages, through translation.
- How to work with people with disabilities.
- How to facilitate mixed-age groups when it was impossible to disaggregate groups by age.
- How to open and close activities effectively.
- Methods to restart engagement when you sense you are losing your audience.
- How to manage debates when participants have conflicting views.
- How to work in difficult security contexts that stress facilitators and participants.
- How to guarantee that processes do not depend on just one person in an institution.
- How to deal with views that not only differ from your own but violate principles of human rights.

#### **Key Lesson 7. Supportive supervision is essential**

One of the most critical elements for successful CBP in a UNHCR office is continuing commitment and support from supervisors. A Representative committed to a community-based approach will request and allocate funds, commit sufficient staff time to work in the community, and provide coaching and supervision. Supportive field office heads will press country offices for increased resources for CBP, promote staff engagement with the community, and make themselves available to regularly participate in and monitor community interactions. Protection Officers will value the contributions of staff working closely with communities and collaborate to develop a shared approach to protection.

Where supervisors are not convinced of the value or efficacy of CBP, it will be extremely difficult to initiate and sustain.

- Supervisors who lack extensive direct experience of a community-based approach may need to be sensitized to its importance. They should ensure that experienced staff are on hand to mentor junior staff on their community work.
- All the materials in an office that pertain to CBP should be grouped and easily accessible to all staff.
- The departure of a supportive supervisor is a vulnerable moment for CBP programmes. A new supervisor who is less committed or committed to different priorities can quickly undo months of painstaking work to build trust and relationships with the community.

#### **Key Lesson 8. Focus on Protection**

Refugee and IDP communities have many needs. Those the community identifies as the most urgent may not actually be protection issues. It is the job of protection staff to work with the community to build understanding of UNHCR's mandate and make

clear what constitutes a protection threat, then determine which community needs relate directly to protection. Every effort should be made to put communities in contact with other agencies that can assist them to address non-protection needs.

If field staff can look through an AGD protection lens as they go about their daily work, they will identify a lot of the protection issues.

UNHCR staff

It is not always easy to draw the line between protection and non-protection issues. Ultimately, many forms of response, including development activities, enhance protection. Also, a given intervention may promote protection in one context but not in another. Because progress on protection can be slow and difficult to achieve, it is also tempting to drift towards activities that are not strictly protective. Given the very limited resources available for protection, UNHCR staff need to make sure that their efforts focus on activities that directly address protection threats.

In a situation of extreme conflict we got a report that 80% of casualties were civilians. But people wanted to focus on the contents of the food ration in camps. Ridiculous. It is so hard to make progress on protection that people tend to tinker around on minor issues where they can demonstrate results.

NGO staff

- Experienced supervisors play an important role in assisting staff to determine which community concerns and interventions truly advance protection.
- Supervisors and country offices should take care that they do not unintentionally divert staff efforts from difficult protection challenges by demanding quick results.
- Do not confuse 'protection-sensitive programming' with protection. Ensuring that WASH programmes drill boreholes in safe locations is not protection.
- Do not confuse mechanisms with protection. Talking with women, or disaggregating data by sex, does not in itself protect women against threats. Setting up a protection committee does not itself improve community security.
- Donors may need to be reminded that community-based protection work may not fit neatly into a one- or two-year project framework.
- Communities may require training and multiple sessions to understand what a
  protection risk is and whether a particular programme or proposal for action
  falls within UNHCR's mandate.

#### Is a CBP approach not recommended in certain contexts?

Opinions vary on whether CBP can be recommended everywhere, whether it is not feasible in some cases, or whether some aspects of the approach are always relevant. Clearly, it should be used with great caution in the following circumstances:

- Where militarization puts communities at risk.
- Where authority is not established, the state is scarcely present, or power and control shift frequently as a result of changes in the military balance.
- Where government authorities are responsible for protection abuses or violations.
- Where it is too dangerous for staff or partners to enter, and even conducting a participatory assessment would put communities at risk.
- Where a community is a cult or a sect.

In volatile environments, where protection cannot be discussed, it may still be possible to implement a WASH or education programme. Community involvement in such programmes can enable agencies to obtain a sound understanding of protection threats.

Though it is difficult to get to know a new community deeply during the acute phase of an emergency, agencies can often establish relationships with community leaders and community structures and cooperate with them.

#### **Key Lesson 9. Promote sustainability from the start**

Many responses to protection threats are urgent and short term. When working with communities to develop longer-term mechanisms or responses that are triggered as threats arise, however, or to address more sustained protection challenges, sustainability must be considered from the earliest stages of conceptualization and design.

Regardless of how a protection programme originated, a strong sense of community ownership will improve its sustainability and effectiveness. These effects will be enhanced if the activity responds to community priorities, respects cultural sensitivities, and follows other good programming principles. Great care should be taken when funds are disbursed early in a project. Distributing a lot of money early on can distort community involvement, create conditions favourable to extortion, and further marginalize the powerless.

Sensitive judgment is required to balance the need to provide assistance for long enough to make initiatives sustainable against the need to devolve primary

responsibility as soon as possible to the community and relevant national and local institutions. That calculation will be influenced by the character and condition of the community, as well as the type of project. At all stages, be prepared to provide advice when initiatives hit problems or a third party can provide useful support (see Lesson 11 below). Knowing when to intervene, and when to leave community members alone to sort things out for themselves, is also a matter of judgement.

Donors have an important role to play in ensuring the sustainability of community-based programmes. First, they need to understand the protracted nature of community-based work. Initiatives may take a year to prepare and several to implement. Community-based protection projects should not receive short term grants. These can easily do harm, if they cause grantees to circumvent established patterns of community decision-making in the interest of rapid start-up, for example, or to select less meaningful outcomes because these can be achieved quickly. Both responses destroy trust and result in programmes that are less effective and less sustainable. Protection staff at all levels can help donors to appreciate the strengths and requirements of the CBP approach.

- Agencies may feel that protection can be secured by establishing new parallel services rather than working through existing institutions. However, these may disappear when the agencies leave. A more sound approach is to convince state and local authorities to meet their obligations by providing the services that are needed, even if this work is initially time-consuming.
- Refugee and IDP communities understandably focus on the temporary nature of their situation, but the reality is that for many people their status will continue for many years. They may need help to think through the merits of investing in sustainable, longer-term responses.
- Particular caution must be used when providing funds, especially when a community first mobilises in support of a new project, before strong community ownership is established. A large or even a modest infusion of funds can encourage more powerful members of the community to co-opt the initiative, create conditions for corruption and extortion, and lead to divisive accusations of corruption and abuse. It may also create an expectation that all initiatives will be externally funded, discouraging the community from undertaking projects at its own initiative, without funding. Nothing destroys a nascent, successful small-scale initiative faster than ill-conceived financial 'scaling up' by well-meaning agencies or donors.
- It is important to clarify early on what is expected from community members in terms of contributions and volunteering. The option of paying community members to work on projects should be weighed very carefully. Though work should be valued and compensated in principle, as soon as cash payments become the norm it becomes extremely difficult to persuade community members to work without them. Differences in payments across locations or

- agencies will also create resentment and inequality. When the project ends, finally, unless national authorities have agreed to supply the payments themselves, the work will just stop.
- Even if an external party can perform a task more quickly and efficiently, it is important to allow the community to work in its own way, at its own pace, and so build experience and ownership.
- When projects are more technical or specialized, the selection of an appropriate implementing partner or technical adviser is likely to be a key decision.
- Self-reliance is not the same as self-sufficiency; 'sustainable' does not mean
  that outside assistance is not needed. Communities of concern are likely to
  need some level of help for a prolonged period.

# Cash payments can distort well-intentioned responses under certain circumstances

When the 2004 tsunami struck one community in north eastern Sri Lanka, people helped one another from being swept away without considering whether the person at risk was Tamil, Muslim or Sinhalese. People at community level had always turned to others in the community for support, and helpers continued to play this expected role after the tsunami hit. Within a few weeks, however, international NGOs entered the area with large sums of money, hired most of the natural helpers, and paid people for their work. This had the effect of dismantling community support structures and monetized helping behaviour. Within six weeks of the tsunami, most people had stopped helping each other spontaneously and expected to be paid for doing tasks that previously they would have done without charge. Local people referred to the destruction of their helping system as the 'Golden Tsunami.'

In the Democratic Republic of Congo, where rape is widely used as a weapon of war, NGOs with good intentions gave small sums of money to assist women who reported having been raped. Soon, some women would not report a rape unless they were paid.

# Key Lesson 10. Support and work with existing community and national structures

When preparing to work in a community, one of the early tasks is to map services or initiatives for refugee and IDPs that are provided already by the community, government, external agencies, or the host community. When identifying priorities with the community, it is similarly important to consider how these can be integrated with, and help to strengthen, existing services. It is almost always better to work through existing institutions and programmes rather than establish new or

parallel ones. Doing so can facilitate community ownership and enhance sustainability, and reduce duplication of effort. Perhaps surprisingly, it may not shorten the time needed to make an intervention operational, because it may take time to create trust and the conditions necessary for effective and sustained cooperation between the institutions involved. It may also be necessary to overcome bureaucratic and other institutional barriers.

The state or community provides services in some urban contexts. In most instances, however, UNCHR's populations of concern are deliberately or unintentionally excluded from accessing them. UNHCR and its partners are sometimes able to capacitate or otherwise support such services and in return make them available to refugees and IDPs.

Where essential services are not provided, UNHCR may need to support their creation. In such case, it may be advisable to ensure that the state or community bodies responsible will ensure that poor and marginalized members of the host community also have access to the services in question. It is important to avoid unequal treatment on principle as well as on practical grounds because discrimination is likely to generate hostility in the community and threats to security.

Essential needs must be met, but their provision should not relieve national authorities or international actors of their responsibility to protect. Long-term systemic change may be required at national level to guarantee IDPs and refugees their rights, including the right to access essential services. To achieve this objective, communities, and UNHCR and its allies, should expect to have to lobby relevant government institutions over a long period.

- Integration with existing local institutional structures is usually a sounder and more sustainable course of action, even if the start-up phase is prolonged.
- Ensure that both communities of concern to UNHCR and host communities are granted access to essential services on equal terms. Unequal treatment should be avoided both on principle and because it can foster resentment, especially when the host community is itself poor.
- Local and state officials and institutions may need training: to understand the rights of refugees; to make clear the relevance of human rights to the provision of essential services; to make clear their institutions' responsibilities; to increase awareness of SGBV, etc.

#### Costa Rica

In Costa Rica, most refugees live in three metropolitan areas. Though they share the language and culture of the host community and face less acute threats than refugees in other contexts, they nevertheless suffer considerable discrimination.

Amigos y Amigas d'Oro was formed during a participatory assessment, after a group of older refugees said they needed a place where they could share experiences, obtain advice and information, and relax. To start with, it was separate from Costa Rican institutions, but in 2010 it joined a national network of seniors' associations.

After initial hesitation, *Amigos y Amigas* is now well accepted by the network. The relationship has created new social relationships, enabled Costa Ricans to become familiar with refugees, and informed the network's national advocacy on behalf of elderly refugees.

#### Key Lesson 11. Design an advocacy strategy for sustainable change

Securing long-term improvements in the lives of refugees and IDPs requires systemic change, allowing them to fully realize their rights while they are displaced and influencing the durable solutions they are offered. When communities start to engage effectively in their own protection, it is possible to work towards systemic

change and meet immediate needs. Doing so requires a well-conceived advocacy plan, developed by community members, their official and unofficial leaders, and external agencies. Staff working on CBP are likely to

Need to have staff good at advocacy at all levels. Protection is just a sticking plaster.

NGO Staff

focus their efforts on community efforts to influence the policies of local authorities, but complementary advocacy activities may be coordinated at national level.

UNHCR can assist communities with their advocacy in various ways. It can help communities understand their rights, as human beings and as refugees or IDPs. It can provide information about relevant laws, regulations, institutions and policies. It can assist communities to prepare a plan, and also advocate with them or on their behalf.

UNHCR has a crucial 'accompanying' role. Its presence can help to ensure that refugee and IDP communities are taken seriously and are given the opportunity to present their views to relevant local, national and regional institutions. In addition, it has standing to raise issues before national and international institutions to which communities may not have access.

## **Keep in Mind**

- "Advocacy" refers to the community's capacity to bring its day-to-day concerns to relevant policy makers, who are in a position to effect change.
- A detailed analysis of power relations in the community and the wider environment is necessary, both to build an effective advocacy plan and ensure that it does not increase the risks that different community members face.
- Communities may need a third party to act as a bridge to bring them and decision makers together, and to accompany them. This need may persist long after the initial link is made.
- State and local institutions may need guidance, about their responsibilities to refugee and IDP communities, and about relevant laws and regulations, including the relevance of human rights to refugees and IDPs and to the delivery of services, etc. Officials may also need sensitive coaching on how to interact with communities whose experience is very different from their own.
- Advocacy is stronger if it is evidence-based and presented by those who have personal exposure to the issues raised. Refugees and IDPs may need training and coaching to help them prepare and present their case. At the same time, they are likely to be the most effective and persuasive advocates of their cause.

### **Preparing for advocacy**

Indigenous communities need to be able to advocate effectively on their own behalf. To do so, however, they may need training and advice to help them prepare their argument and ensure they are able to participate on an equal basis.

An indigenous community wanted to protect itself from displacement, but was threatened by the prolonged presence of competing armed factions. Elders identified two important protection threats: the forced recruitment of young adults and weaknesses in the training of younger leaders.

In response, a community organization started "The Territory We Will Inherit", a training programme that educated young people about their rights and showed them how to interact with state institutions when they wanted to claim services or assistance to which they were entitled under the law. Beforehand, however, the participants needed to develop an understanding of the Western concept of "youth" because their own culture had no equivalent, since status was determined by factors other than age, such as whether a person was married or had children.

#### **Key Lesson 12: Give attention to evaluation and reporting**

Staff of UNHCR and partner organisations who work with communities should be accountable first and foremost to the communities themselves. They should also be accountable to the institutions that support the work they do. Too frequently, however, indicators and outcomes are not defined carefully at the start and budgets set inadequate sums aside for evaluation. As a result, the evidence base for community approaches is poor. Though a number of important reviews exist, agencies have tended to document CBP for their own internal learning and much of our experience of CBP has never been documented or evaluated. The dearth of evidence means that the effectiveness of community approaches is open to doubt. The absence of shared documentation hampers learning across the field and reduces donor interest and understanding.

Some believe that protection cannot be reliably measured. A problem here is that programme and planning deadlines are often too short. "quick Managers select win" indicators and outcomes that can be achieved in the time set, rather than measure impacts that enhance

If you really want to work with communities in a meaningful way, [you] can't have the endpoint set before the project begins, but donors almost invariably insist on endpoints being identified before they grant the funds.

Protection expert

protection in a sustainable manner over the long term. If the timeline is realistic, a well-designed community-based approach will identify specific protection threats and find responses to them. Changes in these factors can in fact be measured.

- Making oneself accountable to the community for results affirms the importance of the partnership and demonstrates confidence as well as respect for the community.
- Improvements in protection can be measured and documented; but short-term results-based management may not provide appropriate tools.
- Sound measurement of progress depends on clearly analysing challenges and outcomes at the start of a programme and in close consultation with the community.
- Donors may need to be briefed and educated about CBP, and persuaded to lengthen their timeframes.

#### Consult with the community before declaring 'success'

For refugee and IDP programmes, the achievement of durable solutions is a key measure of success. In the following case, community engagement was decisive in revealing that a number of durable solutions, that would have been reported as 'successful', did not meet the preferences of the people involved.

An international authority and a host government were evaluating options for a large group of refugees. Without community consultation, preparations were made to relocate them to a neighbouring island. An international NGO surveyed the refugees on their options and preferences. It found that most wanted to return home, while a minority wanted to remain in their current host community. None wished to live on another island. When the survey findings were presented, the host government and international authority dropped the relocation plan, and worked with the community to allow local integration and facilitated return.

The key point to note is that this relocation would have proceeded if the community had not been consulted, and would have been considered successful. Only consultation with the community revealed the outcome was undesired, causing the authorities to find alternative arrangements.

## Conclusion

In development and humanitarian work, including protection, practitioners have found that community-based approaches create conditions for positive change that can be sustained to a greater extent after donors and external agencies depart. Grounded in the actual and potential capacity of all communities, community-based protection assists refugees and internally displaced persons to protect their security, secure their rights, and take or recover control over their lives.

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